Coverage for: Student/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.myucship.org or by calling 1- 866-940-8306. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1- 866-940-8306 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For Network providers: \$100/person or \$200/family. Out-of-network provider: \$200/person or \$400/family.	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, network preventive services, emergency room, urgent care, acupuncture, chiropractic, physician office visits, family planning, medical evacuation, repatriation and prescription drugs.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits">https://www.healthcare.gov/coverage/preventive-care-benefits</a>
Are there other deductibles for specific services?	Yes. Pediatric dental: \$60/person or \$120/family. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For network providers: \$1,500/person or \$3,000/family. For out-of- network providers: \$6,000/person or \$12,000/family. For pediatric dental: \$1,000/person or \$2,000/family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why This Matters:
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.anthem.com/ca or call (866) 940-8306 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes for students and no for dependents.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Services You May Medical Event Need		What You Will Pay		Limitations, Exceptions, & Other Important	
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
lf von vieit e	Primary care visit to treat an injury or illness	No charge at Student Health Services (SHS); \$15 copayment/visit with network provider. Deductible does not apply.	40% coinsurance	none	
If you visit a health care provider's office or clinic	Specialist visit	No charge at SHS; \$15 copayment/visit with network provider. Deductible does not apply.	40% coinsurance	none	
	Preventive care/screening/immunization	No charge, <u>deductible</u> does not apply.	40% coinsurance	You may have to pay for services that are not preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a	Diagnostic test (x-ray, blood work)	No charge, <u>deductible</u> does not apply.	40% coinsurance	none	
test	Imaging (CT/PET scans, MRIs)	\$25 <u>copayment</u> for MRI/PET/CT per visit; no charge for ultrasounds, <u>deductible</u> does not apply.	40% <u>coinsurance</u>	You should refer to your policy or <u>plan</u> document for details (*see pages 29, 32, 37, 38, 68 & 77).	
If you need	Generic drugs	\$5 <u>copayment</u> at SHS & retail pharmacies/prescription.	\$5 plus any amount over the <u>allowed</u>	Covers up to a 30-day supply of medications	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myucship.org</u>.

Common	Sarvisas Vau May	What You Will Pay		Limitations Evacations & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
drugs to treat your illness or		Deductible does not apply.	<u>amount</u> /prescription <u>Deductible</u> does not apply.	and 180-days for oral contraceptives at retail pharmacies.
condition  More information about prescription drug coverage	Preferred brand drugs	\$15 <u>copayment</u> at SHS/\$25 <u>copayment</u> at retail pharmacies/prescription <u>Deductible</u> does not apply.	\$25 plus any amount over the <u>allowed</u> amount/prescription. <u>Deductible</u> does not apply.	Covers up to 90 days of medication and up to 180 days of oral contraceptives through Mail Order.  Network pharmacies are contracted with
is available at <a href="https://myucship.org/uc-davis/coverage/p">https://myucship.org/uc-davis/coverage/p</a>	Non-preferred brand drugs	\$40 <u>copayment</u> at SHS & retail pharmacies/prescription <u>Deductible</u> does not apply.	\$40 plus any amount over the <u>allowed</u> amount/prescription. <u>Deductible</u> does not apply.	OptumRx.
rescription-drugs	Specialty drugs	\$40 <u>copayment</u> at SHS & retail pharmacies/prescription <u>Deductible</u> does not apply.	\$40 plus any amount over the <u>allowed</u> <u>amount</u> /prescription <u>Deductible</u> does not apply.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	An additional 25% penalty is assessed for services and supplies provided by a Non-Contracting Hospital. You should refer to your policy or <u>plan</u> documents for details (*see pages 24, 26, 30, 32, 33, 34, 40, 75 & 77).
	Physician/surgeon fees	20% coinsurance	40% coinsurance	none
If you need	Emergency room care	\$75 <u>copayment</u> /visit. <u>Deductible</u> does not apply.	\$75 <u>copayment</u> /visit. <u>Deductible</u> does not apply.	Copayment waived if admitted.
immediate medical	Emergency medical transportation	No charge; no <u>deductible</u> .	No Charge; no <u>deductible</u> .	No charge for air ambulance.
attention	<u>Urgent care</u>	\$25 <u>copayment</u> / visit. No <u>deductible.</u>	40% <u>coinsurance</u>	You should refer to your policy or <u>plan</u> documents for details (*see pages 19, 38, 61, 76, & 88).
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	\$500 copay plus 40% <u>coinsurance</u> after <u>deductible</u> and 25% penalty/per admission	An additional 25% penalty is assessed for services and supplies provided by a Non-Contracting Hospital. You should refer to your policy or <u>plan</u> documents for details (*see pages 17, 24, 30, 32, 33, 34, 71, 72, 83,

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<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myucship.org</u>.

Common	Caminas Vau May	What You Will Pay		Limitations Evacutions 2 Other Important	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				& 126)	
	Physician/surgeon fees	20% coinsurance	40% coinsurance	none	
If you need mental health,	Outpatient services	Office visit & <u>provider</u> services: No charge. No <u>deductible</u> . Facility: 20% <u>coinsurance</u>	Office visit & provider services:  40% coinsurance. Facility charges: 40% coinsurance/per admission.	none	
behavioral health, or substance abuse services	Inpatient services	20% <u>coinsurance</u>	Facility charges: \$500 copay plus 40% coinsurance pus 25% penalty/per admission. Provider Services: 40% coinsurance.	An additional 25% penalty is assessed for services and supplies provided by a Non-Contracting Hospital. You should refer to your policy or <u>plan</u> documents for details (*see page 32, 33, 74 & 75).	
	Office visits	No charge, no <u>deductible</u> .	40% coinsurance	Cost sharing does not apply for preventive services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound.)	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% <u>coinsurance</u>	none—	
	Childbirth/delivery facility services	20% <u>coinsurance</u>	\$500 copay plus 40% coinsurance after deductible and 25% penalty/per admission	Subject to utilization review for inpatient services beyond 48 hours for vaginal birth and 96 hours for a cesarean birth; waived for emergency admissions. The maximum allowed amount is reduced by 25% for services and supplies provided by a non-contracting hospital.	
If you need help	Home health care	No charge	40% coinsurance	Subject to utilization review.	
recovering or have other	Rehabilitation services	\$20 copayment. No deductible.	40% coinsurance	none	
special health	Habilitation services	\$20 copayment. No deductible.	40% coinsurance	none	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myucship.org</u>.

Common	Caminas Vau May	What You Will Pay		Limitations Evacutions 9 Other Important	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
needs	Skilled nursing care	20% coinsurance	40% coinsurance	Subject to utilization review.	
	Durable medical equipment	No charge	40% coinsurance	none	
	Hospice services	20% coinsurance	40% <u>coinsurance</u>	none	
	Children's eye exam	No charge. No deductible.	\$0 <u>copayment</u> /visit. No <u>deductible</u> .	\$30 allowance/year for <u>out-of-network</u> <u>providers</u> .	
If your child needs dental or eye care	Children's glasses	No charge. No <u>deductible</u> .	\$0 <u>copayment</u> /glasses. No <u>deductible</u> .	\$45 frame allowance and \$25 lens allowance/year for <u>out-of-network</u> <u>providers</u> .	
-	Children's dental check-up	No charge	No charge	Deductible waived for diagnostic and preventive services.	

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

Infertility treatment

Dental care (Adult)

Long-term care

Routine eye care (Adult)

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery (For morbid obesity. Consult your policy or <u>plan</u> document.)
- Chiropractic care

- Hearing aids (limited to one hearing aid per ear every four years)
- Non-emergency care when traveling outside of the U.S.
- Routine foot care (if medically necessary)
- Weight loss programs (commercial weight loss programs are excluded)
- Private duty nursing

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Anthem Blue Cross at 1-866-940-8306 or

ATTN: Appeals or Grievance

P.O. Box 4310

**Anthem Blue Cross** 

Woodland Hills, CA 91367

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 866-940-8306.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 866-940-8306.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 866-940-8306.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 866-940-8306.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$100
■ Specialist copayment	\$15
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$100	
<u>Copayments</u>	\$100	
Coinsurance	\$1,700	
What isn't covered		
Limits or exclusions	\$0	
The total Peg would pay is	\$1,900	

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$100
■ Specialist copayment	\$15
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

<b>Total Example Cost</b>	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$100
Copayments	\$400
Coinsurance	\$50
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$570

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$100
■ Specialist copayment	\$15
Hospital (facility) coinsurance	20%
Other coinsurance	20%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$50
Copayments	\$200
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$250