



UNIVERSITY
OF
CALIFORNIA

UC SHIP: Care You Can Count On

Quality, affordable and convenient health care.
It's more than a statement. It's the mission of the
UC Student Health Insurance Plan — UC SHIP.

Trusted Care for the Journey Ahead

Learn more at myucship.org, or contact the
student health center on your campus. Contact
information is located under **Resources** at
myucship.org.



Great Care, Even When You're Not There



As part of the UC Family, UC students are **automatically enrolled** in medical, mental health, pharmacy, dental and vision coverage.

College is a big step, giving many students new independence and responsibilities. Rest easy knowing UC SHIP offers both physical and emotional support that's so critical for students during this transitional phase in life. Students can focus on reaching academic goals and enjoying a fulfilling experience.



UC SHIP = Built just for students. You've always been the one they counted on. Now you can count on UC SHIP. As a not-for-profit organization with students actively involved in its design, the UC SHIP guiding principle is simple: As a member of our UC Family, students' health and their health needs come first — always.



From sniffles to sprained ankles, the student health center (SHC) has students covered. The on-campus SHC puts personalized, holistic medical care just steps away. Students must start with the SHC for most care — such as primary care doctor's office visits, checkups and vaccinations. These services are provided at little or no cost for UC SHIP members. So students can worry less about their health and focus more on thriving in academic student life.



24/7 coverage anywhere. UC SHIP covers students wherever they go — across the state, nation or globe. And provides a full 12 months of coverage, including summer and term breaks. Plus, emergency and urgent care treatment when and where it's needed.



It costs nothing to stay healthy. Students get routine physicals, including well-woman care and well-man care covered at 100% and no-cost immunizations.



Above and beyond the ACA. While both UC SHIP and the Covered California medical plans meet the basic ACA (Affordable Care Act) requirements, UC SHIP's plans go above and beyond. UC SHIP coverage is equivalent to a Covered California Platinum plan, the highest level of coverage, but at the price of a Bronze plan.

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UC SHIP: A Better Deal



UC SHIP is usually a better value than other health plan options, such as your employer's plan, Covered California, or Medi-Cal. And UC SHIP coverage includes features not typically found in other plans, such as:



Referrals to specialists and the UC Family network. When needed, the SHC will coordinate referrals for UC SHIP members to other network providers, including UC's six world-class academic medical centers at Davis, Irvine, Los Angeles, Riverside, San Diego and San Francisco, and the Anthem Blue Cross extensive network of doctors and other providers.



Dental, vision, mental health and substance use disorder coverage. A holistic approach to physical and emotional wellness.



A convenient mobile app that gives students 24/7 access to their ID cards and plan information.



Medical and mental health care — no matter the coverage. Even if students aren't enrolled in UC SHIP, they can still access valuable medical and mental health services on-campus.

Everyone's health needs are different, and it's a personal choice where to get coverage. Compare plan costs and benefits carefully — not all plans provide the comprehensive, affordable coverage available through UC SHIP. Plus, you may find UC SHIP is cheaper than covering your student through your employer.